

Helergon Kitchen

Starbucks Dole Whip Refresher

10 min Prep time	**10 min** Total time	**4** Servings
Easy Difficulty	**American** Cuisine	**Beverage** Course

Ingredients

Main Ingredients

- [ ] 2 cups pineapple juice
- [ ] 1 cup full-fat coconut milk
- [ ] 1 cup ice cubes
- [ ] 1 tbsp fresh lemon juice
- [ ] ½ tsp vanilla extract
- [ ] 1 tsp honey (optional)

Instructions

1. Gather all ingredients, give the coconut milk a good shake, and set the ice nearby.
2. In a blender, combine pineapple juice, coconut milk, lemon juice, and vanilla; blend until smooth.
3. Add the ice cubes gradually while the blender is running; blend until the mixture is thick and frothy.
4. Taste and stir in honey if you want extra sweetness; then pour into chilled glasses and garnish with a pineapple wedge.

Nutrition per serving

150 kcal	1 g	18 g	8 g
Calories	Protein	Carbs	Fat

Tips & notes

- If the mixture is too thin, add a few more ice cubes and blend again.
- For a richer taste, use coconut cream instead of milk.
- Serve immediately for the best texture; it will harden if left too long.