

Helergon Kitchen

Microwave Chocolate Chip Mug Cookie

5 min Prep time	**2 min** Cook time	**7 min** Total time
1 Servings	**Easy** Difficulty	**American** Cuisine

Ingredients

Main Ingredients

- [ ] 4 tbsp all-purpose flour
- [ ] 2 tbsp brown sugar
- [ ] 2 tbsp melted unsalted butter
- [ ] 1 tbsp milk
- [ ] 1 tbsp chocolate chips
- [ ] 1/4 tsp vanilla extract
- [ ] Pinch of salt

Instructions

1. In a microwave-safe mug, whisk together flour, brown sugar, and salt until combined.
2. Add melted butter, milk, and vanilla; stir until a smooth batter forms.
3. Fold in chocolate chips gently; the butter should coat each chip.
4. Microwave on high for 45 seconds, then check – if the top isn't set, add 10-second bursts until done.
5. Let the mug sit for 1 minute; the cookie will continue to firm up and become perfectly chewy.

Nutrition per serving

210 kcal	2 g	24 g	12 g
Calories	Protein	Carbs	Fat

Tips & notes

- Watch the microwave closely; power levels differ.
- A dash of cinnamon adds warmth without overwhelming the chocolate.
- For extra gooeyness, press a few extra chocolate chips on top before microwaving.